


The alarm is meant to wake the parents at first, so they can lighten his/her sleep. Use a washcloth to wake the child slowly.

Within a few days the child will hear the alarm.

Tight and absorbent panties are best.

	<p>Wear the alarm on the bicep area, or clip to a Tee collar. Lead wires down through shirt, out the bottom, and fasten to front of absorbent underwear. Alternately it can be clipped to a tissue or mini-pad and inserted in the underwear.</p> <p>Remember to turn it on with the switch on top!</p>	<p>The battery may eventually run down, replace with a CR2032 button battery, available at dollar stores.</p>
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Armband buzzer with vibration

After a few weeks, when the child is waking easily to the alarm, you could switch to the Armband alarm which adds vibration and a lower pitch sound. This will wake the child without waking up the whole house.

- Test the alarm by clamping a tissue into the clip and dropping some water on it. You will note that there is an on/off switch on top, and the alarm sounds every time the clip is closed if no cloth is in between jaws.
- Wear the white alarm on the bicep, or ankle, or take off the strap and place the alarm in the blue pouch.
- It turns off when you open the clip.
- Battery may eventually run down; replace with a button type CR2032